

The Carbon Chronicle

VOLUME 35: No. 19

ACME, ALBERTA, THURSDAY JUNE 14th, 1956

\$1.50 a Year; 5c a Copy



Mr. and Mrs. W. McLeod of Calgary, Mrs. Ray McLeod of P.E.I., Mrs. Sterling McKay of P.E.I. were visitors at the home of Mr. and Mrs. A. J. McLeod.

Mrs. Norris and son of Calgary are visitors at the home of her aunt and uncle, Mr. and Mrs. Gobe McCracken.

Miss Dorothy Langley has joined the Women's Division of the R.C.A.F. and is stationed at St. John, Quebec. We wish you success, Dorothy.

Mrs. Cam Kirby and baby (nee Marion Torrance) of Red Deer are visiting at the home of her parents, Mr. and Mrs. Stan Torrance.

A public meeting will be held Thursday, June 28th at 8:30 p.m. in the Carbon Scout Hall. Discussion (the new community hall). Please turn out and voice your opinion of this undertaking. All organizations please try to send at least as many as possible out.

LOST AT BEISEKER between Gramm's corner and Beiseker the following articles—No. 10 Grain Shovel. Cockshutt Swather Canvas. John Deere Binder Canvas. 7 Horse Evener. Pipe 8 feet long, etc. Reward to finder. I was driving the truck for Canadian Union College at Lacombe and got a load of grain from Mr. Emil Gramms. Please leave at Pacific Grain elevator at Beiseker.

—Chris Gieck.

Phone day 526 or night 492 at Lacombe or Box 381, Lacombe.

20 ACRE FARM FOR SALE in town of Carbon. 3-roomed House. Large barn can be used to store 8,000 bushels grain. Price \$2000.

—Apply J. Kaiser, Box 146, Carbon, Phone 403.

Farm Equipment Floater
(new low rate) Ask
S. F. TORRANCE
INSURANCE
REAL ESTATE
FARM MORTGAGE LOANS
CARBON PHONE No. 9

C. G. BYSTERVELD
contractor for
BUILDING MOVING and
WINCH WORK
Phone 54 Box 63
DELBURNE, ALTA.

THE CARBON CHRONICLE

Mrs. Harry Hunt, Editor
George Wheeler, Publisher
Published every Thursday
at Acme, Alberta

Authorized as Second Class Mail
by the Postal Department
at Ottawa

MEMBER OF THE C.W.N.A.

Subscription—\$1.50 yr. Canada
Foreign Countries \$2.50 a year

Mrs. Van Loon has returned home after her recent illness in Drumheller hospital.

Fish and Game Association gave a social evening Thursday, June 14th showing films on wild life. Ted Schmidt spoke on the contest on crow and magpie feet. Les Bramley spoke on the Gun Club and said the Trophy Shoot will be held Thursday, June 28 at 7 p.m. at the Albert Schell farm.

CARBON LITTLE LEAGUERS WIN AT ACME FARMERS DAY

Carbon Little Leaguers defeated Swalwell by a score of 14—2 at the Acme tournament.

Harvey Harsch pitched outstanding ball for the full six innings of the game and allowed only two opposition runs to cross the plate.

"Hook Arm" Esau laid down two beautiful bunts to advance runners in both cases to score from third base.

Tom Downe saved the day in the early innings of the game when he made a one handed running catch on a hard drive to deep left field.

Our next game in Carbon will be Tuesday 19th June again at Acme.

PONY LEAGUE BASEBALL

A very well attended ball game was played in Carbon in which Swalwell trounced the Carbon Legionnaires for their first defeat in the schedule by a tune of 21—16. Swalwell's big bats could be heard all over Carbon until Ronnie Fox came in to do a lovely relief job, but that wasn't enough to offset the big lead which Swalwell had. Both clubs took turns at booting the ball around which accounted for a lot of unearned runs. Swalwell has a lovely third baseman who not only played beautiful infield but came through with a bases loaded homer (keep at it Sammy).

Next home game, Acme at Carbon June 25th. Thanks for supporting your boys.

CARBON LITTLE LEAGUE

Carbon Little League came through again with their sixth

win in as many games, defeating Acme by a score of 11—4.

Buck McCracken slapped another ball into deep centrefield for his fourth home run of the season.

"Hook Arm" Esau, the bunt artist laid a perfect bunt down the third base line to advance runners from third and second.

"Step-n-fetchit" Stubbart cut a runner off at home plate with an accurate throw from centre field.

Pitching duties were capably handled by "Chicky" Charlebois who was relieved in a tight spot by Buck McCracken.

From the point of statistics it might be interesting to note thus far Carbon Little Leaguers have scored 110 runs with only 16 against in six complete games.

Our next game will be held Tuesday, 19th June when Carbon plays host to the Acme Tigers.

Mrs. Freddy Poffenroth was a visitor at the home of Vi and Don Pattison.

Sorry to say that Bill Douglas is a patient in the Drumheller hospital.

Don't forget the I.O.D.E. Annual Rose Ball June 29th.

MRS. LOTTIE M. JEALOUS
Mrs. Lottie May Jealous of 1422 Crescent Road, Calgary died Wednesday in Holy Cross hospital after a brief illness.

Born in Paisley, Ont., she lived in the Three Hills and Carbon districts from 1919 to 1937. Later she went to Vermilion and came to Calgary in 1945.

She was a member of Central United Church and of Unity Chapter O.E.S.

Surviving are her husband, Arthur H. Jealous, Calgary; one son, George of Cranbrook, B.C.; one daughter, Mrs. Wm. Polington, Calgary; two grandchildren; two brothers, Herbert Gaget, Edmonton and George Gage of Ponoka.

Funeral services were held in McInnis and Holloway Funeral Home Friday at 2 p.m. with Rev. Dr. G. B. Switzer officiating.

EYE ON THE SCALES

Persons who are much overweight usually reach the condition through neglect of simple precautions which could have prevented the accumulation of flesh. Anyone, particularly over

forty, who is more than ten pounds overweight should watch the scales carefully for any noticeable increase. At 10 or 15 pounds over normal weight it is usually possible to control matters by cutting down fats.

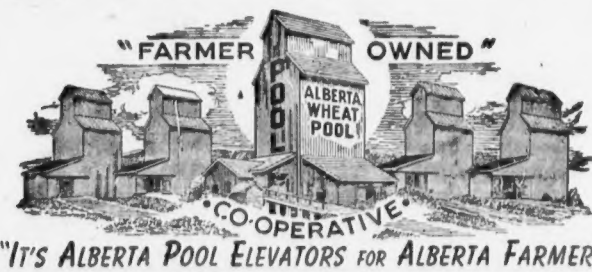
PUBLIC MEETING

will be held at 8 p.m. on
MON., JUNE 25, '56
in CARBON VILLAGE OFFICE
Important for DOG OWNERS
and for residents who have
complaints about the Terrific
DOG MENACE in the Village.

Alberta Wheat Pool Patronage

The Alberta Wheat Pool intends to operate for the crop year 1956-57 on a patronage dividend basis in keeping with the co-operative principles on which the pool was formed. The following notice is published in compliance with the provisions of 'The Income Tax Act':—

"As required by 'The Income Tax Act' this will advise our members that it is our intention to make a payment in proportion to patronage in respect to the year ending the 31st day of July, 1957, and we hereby hold forth the prospect of a patronage payment accordingly."



"IT'S ALBERTA POOL ELEVATORS FOR ALBERTA FARMERS"

Win a Car

Three Hills Kinsmen

PLAY-AT-HOME

BINGO

Your choice of 5 '56 models

TICKETS ON SALE IN CARBON AT
RED & WHITE STORE
CARBON HOTEL

TICKETS \$2.00 EACH

→ YOU CAN START TO PLAY AT ANY
TIME—COMPLETE RULES ON BACK
OF EACH CARD.

To make a long
Tale short ...



For FAST - EFFECTIVE
WEED KILLS
USE

"PIONEER"

Chemicals and Equipment
2,4-D — M.C.P. — T.C.A.
SPRAYERS — DUSTERS

TOP QUALITY AT LOW COST

DON'T LET WEEDS STEAL YOUR CROP

Treat Anytime Up To The Shot-Blade Stage

BE READY TO TREAT EARLY — SEE OUR AGENT NOW

For The Best In

Grain Marketing — Chemicals — Sprayers
Agricultural Service

IT PAYS TO PULL TO THE PIONEER

PIONEER GRAIN CO., LTD.

Regina

WINNIPEG

Calgary

(97)

The hop, step and jump

(By G. L. A. DAVERNE, President Sask. Branch A.A.U. of C.)

Probably there has been less authentic information written about this event than almost any other; particularly is this true in the United States where this event seems to be taken seriously only in Olympic years. So it is practically impossible to find really good advice on this excellent and difficult feat.

In Saskatchewan you see the hop, step and jump done at every school meet. We find plenty of

boys of 14 who can make about 33 feet but by the time they are 18 few of them can go farther than 38 or 39 feet. Perhaps lack of practice is an important reason for this, and practice is extremely hard work, but I believe that a wrong conception of the way to perform the hop, step and jump is behind it all.

If you can get hold of a film showing this event or a film loop about it you can notice several things about how it is done. First it is rhythmic. You can count "one—and—two—and—three as it is done. If you notice a good girl athlete in this event she usually has the rhythm perfectly. Boys on the other hand so often do it jerkily "one—and—two—three." In the film you will see the athlete going through the event almost exactly erect. His head is up, his chest high, he never bends forward except when he completes his jump and lands on both feet in the pit. Then notice that he seems to "hang" in the air during each of the three parts, during the hop, during the step and during the jump. These three points, the rhythm, the erect carriage and the staying up in the air for each of the three parts of the event, seem to be entirely lacking in the untrained athlete.

In describing the event one must begin by saying that the approach is exactly the same as for the broad jump which we explained last week. One must hit the board so one uses two check marks at about 50 feet and 100 feet from the board, so placed that you start with the jumping (strong) foot on No. 1, hit No. 2 and hit the board. If you miss No. 2 you know you will also miss the board so you do not cross the board but go back and start again. Crossing the board line counts as a jump.

Now the event itself. You hit the board heel down, bend the knee, rock over on to the toe and spring up for the hop. The free leg and the opposite arm swing forward. As you come down from the hop, on the same (take-off) leg, the free leg swings back and the take-off leg reaches far forward to get a longer hop. The arms work with the legs as above.

You land on the heel, bend the knee even more than before, rock over on to the toe and spring upward again for the step. The opposite leg is swung far forward, reaching forward indeed with the knee somewhat bent and high. The arms still work with the legs the opposite arm always going forward (and somewhat up) with the leg.

The landing is again on the heel, there is the same knee bend and rock-over on to the toe and then the athlete puts all he can into an explosive broad jump. The style should be exactly the same as the athlete would use in the regular broad jump. (Some even do the "run-in-air" with this jump.)

It may explain the style better if we say that the athlete does a long high hop, a long high step and a long high jump. He stays up in the air for about the same length of time for each. His hop is longest, his step next and the jump shortest. This is reasonable when you consider that the jump is done with the "weak" leg while the hop and step are done with the "strong" leg. In the proper order they might be in length 17 feet, 13 feet and 10 feet.

The hop, step and jump athlete must strengthen his legs. Exercise which will do this are deep knee bends, squat jumping as high as possible, one-legged squats, hopping with or without weights in the hands, hurdling over a string between two sticks. One good method of teaching (or learning) this event is to put down two benches, or set up two low cross-bars so that the athlete hops over the first, steps over the second and then jumps as far as he can.

I hope this information will benefit some of you. If you wish further discussion of this or other events, write me at 3325 Victoria Ave., Regina. 3196

Funny and Otherwise

In the best traditions of salesmanship the assistant was ultra polite. "Oh, no," he told a customer, "it's no trouble, madam."

She surveyed the counter piled high with shirts. Still dissatisfied, she said, plaintively: "You've nothing really suitable for my husband."

"We have another seven shirts we can show you, madam," replied the weary man with desperation in his voice. "And, if none of those will do, perhaps you could change your husband!"

Two hollow-eyed, bleak-looking Scots were discussing the party of the night before. "D'ye ken," said one, "that Mac fell in the river on his way home last night?"

"Ye dinna mean tae say he was drowned?" asked his friend.

"Nae, nae," replied the first, "not drowned . . . but sadly diluted."

White-faced, a patient rushed into his doctor's surgery. "Oh, doctor!" he cried. "The ghosts of my departed relatives come and perch on the tops of the fenceposts all round my garden at dead of night. They just sit there, staring . . . staring. What can I do?"

"Sharpen the posts."

Despite his pleas that they should travel light, his wife insisted on loading him up with four large suitcases. "I wish," said the husband thoughtfully, "that we had brought your piano."

"Don't try to be funny," came the frigid reply.

"I'm not," said he wistfully. "I left the tickets on it."

Laziest

Forty-seven lazy men and four lazy women recently got up enough energy to compete in a contest here for the laziest person in Lancashire county.

Company director Harold Powell, 66, was awarded the first prize, a deep easy chair.

He shaves in bed, and he uses elastic shoelaces so he won't have to tie them. When people are over 50, he told the judges, it is foolish for them to stand up straight, as "it leads to thrombosis."

Powell won sleepy nods of approval from the other contestants when he asserted, "The two great evils of the present day are work and worry."

Butcher Harold Watson said the chair of his dreams would be equipped with a cocktail cabinet, book-shelf, electric shaver, radio, cigarette lighter, air-conditioning and built-in heater.

EAT ANYTHING WITH FALSE TEETH

If you have trouble with plates that slip, rock and cause sore gums—try Brimms Plasti-Liner. One application makes plates fit snugly without powder or paste, because Brimms Plasti-Liner hardens permanently to your plate. It relieves and refits loose plates in a way no powder or paste can do. Even on old rubber plates you get good results six months to a year or longer. YOU CAN EAT ANYTHING! Simply lay soft strip of Plasti-Liner on troublesome upper or lower. Bite and it molds perfectly. Easy to use, tasteless, odorless, harmless to you and your plates. Removable as directed. Plate cleaner included. Money back if not completely satisfied.

Available at all Drug Counters.

WILDRIFT LTD., FORT ERIE, ONT.

BRIMMS PLASTI-LINER

THE PERMANENT DENTURE RELINER

FOR SUN AND FUN

These separates just right for your wardrobe



4820 12-20 by Anne Adams

These separates are wonderful for a busy gal's wardrobe—they mix-match beautifully, eliminate weekend packing worries! Blouse with its graceful yokes, slim shorts, favorite 8-gore side button skirt—easy to sew, a joy to wear!

Pattern 4820: Misses' Sizes 12, 14, 16, 18, 20. Size 16 blouse and shorts take 3½ yards 35-inch fabric; skirt takes 3¼ yards.

This pattern easy to use, simple to sew, is tested for fit. Has complete illustrated instructions. Send thirty-five cents (35c) in coins (stamps cannot be accepted) for this pattern. Write plainly Size, Name, Address and Style Number and send orders to:

Anne Adams Pattern Dept.,

Department P.P.L.,

60 Front Street W., Toronto.

Be sure to write plainly your Name, Address and Pattern Number.

Quick acting Canadian soldier saves life of three-year-old boy

SOEST, West Germany. — A quick-thinking Canadian soldier who says he's trained to act in emergencies has been credited with saving the life of a three-year-old German boy who fell into a creek near the headquarters of the 2nd Canadian Infantry Brigade Group here.

It's the second time in the 11 years he has been in the Army that Craftsman David Gauvin, 28, of Cabano, Que., has used his training to save a life.

A member of the 40th Infantry Workshop, Royal Canadian Electrical and Mechanical Engineers, Gauvin was eating lunch in the village of Lohne, near Soest, recently when a terrified girl raced into the restaurant screaming that her young playmate had tumbled into a stream across the road.

Gauvin ran to the stream, fished out the unconscious youngster whose name was Reimund Jetten, and applied artificial respiration. He was able to bring the lad around after 15 minutes. A German doctor who examined the child at his home later said that without Gauvin's expert assistance the youngster could not have survived.

A former member of Le Royal 22e Regiment, Gauvin took first aid training in the Army in 1948. The following year, a lineman on power lines outside the RCE-ME workshop at Quebec City touched a live wire and tumbled unconscious to the ground. Gauvin was the first person to reach him and revived him after applying artificial respiration for more than half an hour.

Gauvin and his wife, Therese, of

Fashions

Half-size style



7370 SIZES 14½-24½

by Alice Brooks

Sundress or jumper—s-o-o flattering to the shorter, fuller figure! Iron-on flowers for gay trim!

Pattern 7370: Half Sizes 14½, 16½, 18½, 20½, 22½, 24½. Tissue pattern, washable iron-on transfers in combination of yellow, orange and green. State size.

To obtain this pattern send twenty-five cents in coins (stamps cannot be accepted) to:

Household Arts Department, Department P.P.L.,

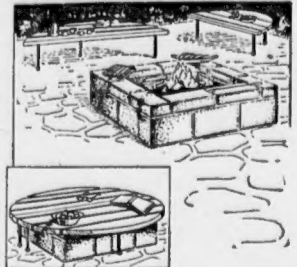
60 Front Street W., Toronto.

Two FREE patterns—printed in the new Alice Brook. Needlecraft book for 1956! Stunning designs for yourself, for your home—just for you, our readers! Dozens of other designs to order—all easy, fascinating hand-work! Send 25 cents for your copy of this wonderful book right away!

OUTDOOR COOKING

Practical barbecue pit with half-moon seat tables

This practical barbecue pit is quick and easy to make from stock sizes of concrete blocks. In outdoor areas where there is no cooking going on the two patio tables on rollers cover the fire pit to complete this useful combination. When the gang arrives for the pic-



nic the round table becomes two half-moon seats to be wheeled around wherever needed. The table legs are made from pipe and fittings available from all plumbing shops. Illustrated directions for making the tables and this all-season barbecue are pattern 456 which will be mailed for 35c.

Address order to:

Home Workshop Patterns, Department P.P.L., 4433 West 5th Avenue, Vancouver, B.C.

Spinsters spurned

Seventy spinsters returned home without husbands after their weekend leap year invasion of the Island of Pelee, 70 miles south of Copenhagen, Denmark. Two or three bachelors were said to be "interested". The spinsters travelled to the island by sleigh across the ice-covered sea, and were entertained by the 70-member bachelors' association. An old Danish custom allows women to propose marriage to men on February 24 of leap year. If a proposal was refused, a bachelor had to pay a traditional fine of 12 pairs of gloves.



Genuine Red Cedar shingles in the economy grades



Dollar for dollar genuine red cedar shingles—in the economy grades—remain your one best buy in a quality roof and wall building material. Cedar lasts for decades, resists all kinds of weather, and keeps buildings snug, secure and naturally good-looking. See your lumber dealer about economy grade cedar shingles, and send for helpful free books on planning.

FREE! Send coupon for these three helpful booklets.

RED CEDAR SHINGLE BUREAU

550 Burrard Street, Vancouver 1, B. C.

Gentlemen: Please send my copies of the booklets "Roof and Wall Shingling Made Easy," "Genuine Red Cedar Shingle Roofs and Walls," and "Certi-Grade Handbook of Red Cedar Shingles."

Name _____
Address _____
Town _____
Prov. _____

Use of oil-burning brooders in dwelling dangerous practice

REGINA.—A number of reports have been received this spring of damage to farm outbuildings and rural residences due to fires resulting from chick brooders, Saskatchewan Fire Commissioner R. A. W. Switzer said.

There appear to be two main causes of these fires, Mr. Switzer said. The brooder, if oil-fired, has not been properly installed and serviced; or in the case of electrically-operated brooders, heat lamps have not been securely hung or have been located too close to combustible materials in the chick brooder area.

Mr. Switzer stressed that an oil burning brooder must not under any circumstances be located in a building used for living accommodation. A number of rural residents follow the practice of utilizing a spare room in their homes for chick brooding purposes the fire commissioner said. Recently, a report was received of a fire in a rural home which resulted in \$400 damage. The owner had kept some chicks in an upstairs room and the heat lamp he was using caused some paper to catch fire, which quickly spread.

If electric heat lamps are used, they must be securely suspended a sufficient distance away from combustible materials and care must be exercised that the wiring circuits are not overloaded. Lamps should be kept free from chaff and dust.

"While provincial regulations prohibit the use of oil-burning brooders in dwellings unless they bear the approval label of a recognized testing laboratory, (Canadian Standards Association or the Underwriters' Laboratories of Canada), very few such brooders are available on the market which bear this label," Mr. Switzer said. In outbuildings and brooder houses, unapproved oil-burning brooders may be used with certain provisos as outlined in Saskatchewan's Oil Burning Regulations.

No brooder oil burner shall be located within three feet of any wall, partition or ceiling. If the supply tank is located inside the building, it must be fastened securely to the wall, partition or floor and must be located at least two feet away from the oil burner.

The brooder must have an automatic control valve, supplied with a stop to limit the flow of fuel which can be safely consumed by the burner.

Every brooder oil burner must be fitted with an overflow pipe terminating beyond the outside wall of the building. Thus, if the brooder becomes flooded for any reason, the oil will flow outside, protecting the chicks as well as the brooder house.

Copies of the regulations pertaining to "Brooder Oil Burners" may be obtained by writing to the Saskatchewan Fire Commissioner, Government Administration Building, Regina.

Epilepsy no barrier now to childbirth

Two neurologists reported to the American Academy of Neurology recently that women with epilepsy can have children with safety.

The report of Dr. Cary G. Suter and Dr. Walter O. Klingman, both of Charlottesville, W.Va., to the Academy's convention was based on a 15-month study of 1,650 West Virginia women with epilepsy.

Dr. Suter said seizures in pregnant women could result in death or serious after-effects to both unborn child and mother. But, he added, under careful medical supervision most of the women can give normal births.

The two University of Virginia Medical School neurologists said the problem of seizures in pregnancy has grown because improved treatment and seizure-control drugs have encouraged epileptic women to marry. They said it had been estimated there are 1,500,000 persons in the United States with epilepsy.

Dr. Suter said contrary to popular belief heredity is not a major factor in epilepsy although the genetics factor does seem to be present in some cases.

Attila the Hun had 400 wives.



MRS. AMERICA OF 1957—Mrs. Cleo Maletis, 31, of Portland, Oregon, is shown with her regal robes, crown and sceptre after being chosen "Mrs. America of 1957" over 48 other contestants at the Peabody Auditorium in Daytona Beach. Mrs. Maletis, represented the State of Oregon. She has three children.

Filial piety, respect taught at this school

VANCOUVER.—A school here which emphasizes ethics has more than 2,000 graduates.

The Chinese Public School, largest of its kind in Canada, is located in the heart of Vancouver's colorful chinatown and was started in 1917 by a group of Chinese citizens.

"They knew their children were growing up in a then bad part of town," Joseph Hope, Secretary of the School's Board of Directors, explained. "They wanted their youngsters to learn of their own great culture, literature and ethics."

"These three points are taught—not preached—at the school. The first stresses filial piety at

home; the second to show respect for elders outside the home; and the third to be very faithful and cultivate good friends. Not good friends with bums or gangsters, but to make a good friend of a good man."

"There never has been a single delinquent among the 2,000 students who have passed through the school."

The school is supported entirely by the Chinese communities. The children pay \$2 a month each, and the yearly deficit is about \$3,000.

At present there are six Chinese teachers and each must handle an average class of 50.

HOME PASTEURIZING

Raw milk may be pasteurized in the home by heating to 145 degrees for 30 minutes, then cooling quickly.

Moonlight on Grand canal can't be beat

VENICE, Italy. — After eight years of experimenting, scientists have finally found out what lovers knew all along:

You can't beat moonlight on the Grand canal.

City engineers rather reluctantly have shelved all plans for red and green reflector lighting of Venice's picturesque palaces, and for underwater light effects in the canal itself.

This summer, instead, the waterway for gondolas will be lighted a soft blue-white, as close as possible to the effect of natural moonlight.

Street lighting has always been a knotty problem in this city where canals are streets. For eight years the city's engineers experimented with suggestions for using colored reflectors lighting to cast various hues on the 200 palaces along the main waterway Venetians call O Canalazzo.

"Carnival" look

Under that proposal there would have been a reddish light cast on the Ca'Rezzonico, where the poet Robert Browning died, a green light on the beautiful Ca'Pesaro, and blue on some of the others.

"It would have looked like a carnival," Venetians objected.

Last year engineers tried casting light up against the palaces from underwater reflectors. That didn't work. The lights had to be too close to the surface. At high tide, the water dimmed the lights away to nothing. At low tide they stuck out, gleaming garishly. That was when the engineers gave up and decided on the soft blue-white moonbeam lighting.

Everyone seemed to agree that's best, after all.

FOR SAFETY'S SAKE

While there may be no actual danger of rabies, it is wise to have medical attention for any bite or scratch from dogs, cats or wild animals. The doctor or local health unit will know whether a simple cleansing and dressing will suffice to prevent infection or whether further treatment is advisable.

BE A COURTEOUS DRIVER

Art Centre for Holidayers

When summer vacationer Pauline Rochon first saw the resort village of St. Adele, in Quebec's Valley of the Saints, its natural beauty struck her as an ideal location in which to bring a long-dormant plan to life.

Now, ten years later, St. Adele's Art Centre summer school has survived its shoe-string start and become a flourishing mecca for holidayers who want to mix culture with their fun in the sun. From her pink-roofed handicrafts shop, "La Pelerine", Miss Rochon directs a thriving school with students from Canada and the U.S. Under the tutelage of top Canadian artists, dancers and teachers, members of the ballet class pirouette on hotel lawns and budding painters work against a background of sky and scenery. There is no homework, no exams, and after classes ranging from French to fashions, dancing to leathercraft, students recess on the sun-drenched beaches of nearby Lac Rond.



Language classes find a wide following among vacationers. Informality is the keynote of all classes, whether indoors or outdoors, with the emphasis on individual instruction. Here Professor Jacques Beauchamp of Montreal's St-Henri High School, (centre) conducts French class with Dr. and Mrs. Broome, of Kitchener, Ontario.



Against background of boating holidayers, ballet class members go through their paces under the direction of Seda Zare, Prima Ballerina with the Boris Kniseff Ballet of Europe. (Lower photo) From quiet perch on river bank, art class students translate to canvas. Class is conducted by Agnes Lefort, who has been identified with the St. Adele movement almost from its beginning.

National Film Board Photos by Herb Taylor

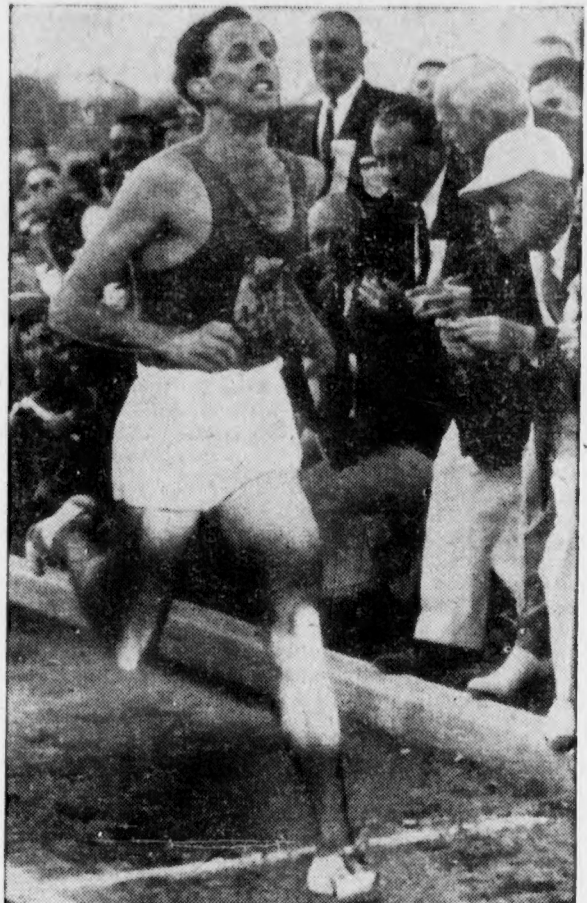
World Happenings In Pictures



A WARM EMBRACE IN ROME—Swedish actress Anita Ekberg is embraced by her fiance, British actor Anthony Steele, upon her arrival by plane in Rome. Anita flew from New York for her forthcoming wedding to Steele which is scheduled to take place soon in Florence, Italy, where he is working on a picture.



PUZZLE: What's the man doing inside the machine? At one time, any American schoolboy could have answered the question. He's a steam locomotive inspector, making a periodic checkup of the fire-box of a King Arthur class engine in London, England. As the diesel pushes the locomotive down the track to memory, this sight will eventually vanish from the transportation scene entirely.



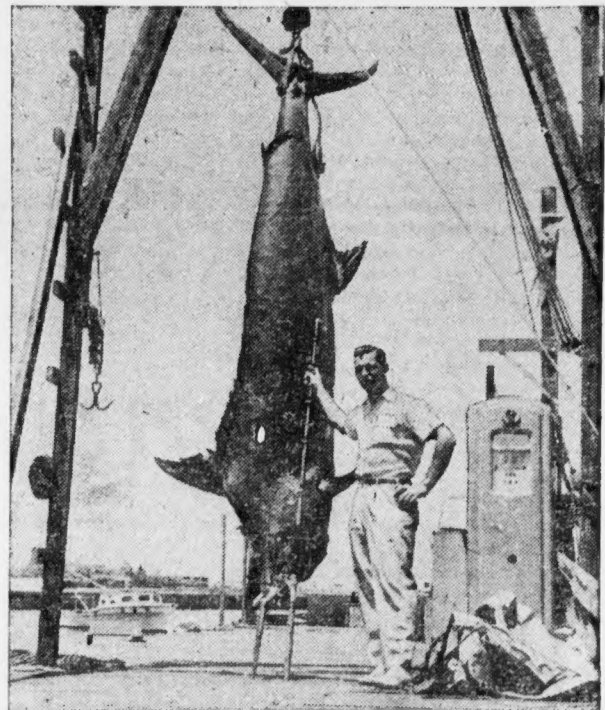
AUSTRALIA'S JOHN LANDY crosses finish line to win special mile run at West Coast Relays in 3:59.1, falling short of his world record of 3:58. It was the second time in seven days that the speedy Australian ran the mile in less than four minutes.



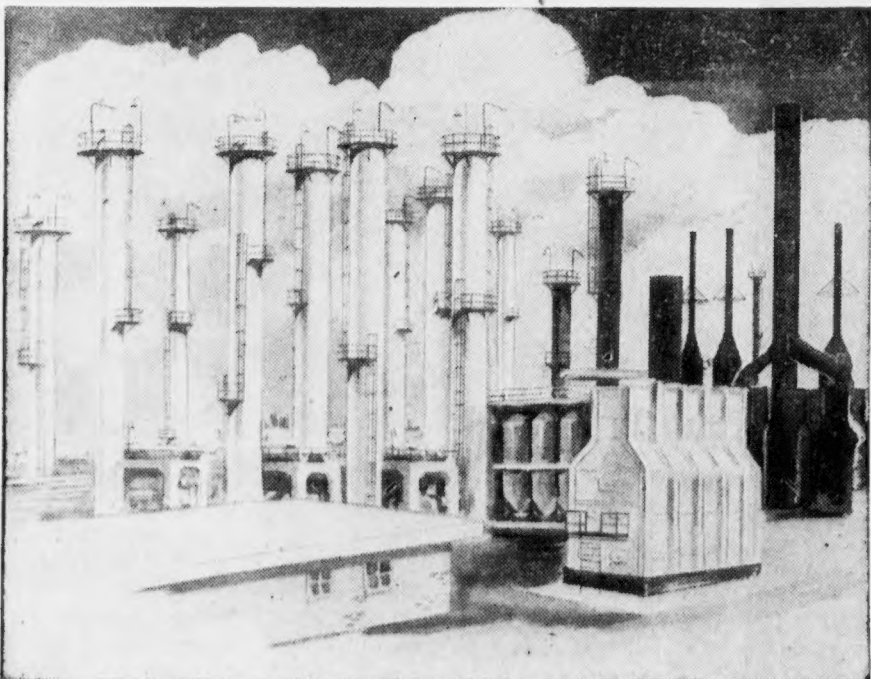
LISTEN TO THE STARS—That's what Harvard's astronomers plan to do with this 60-foot diameter radio-telescope at Agassiz Station, Mass. Largest in the United States, the "ear" is designed to pick up electrical impulses from stars as far as one hundred million light years into space. (A light year is equivalent to the distance travelled by a beam of light in one year at the rate of 186,000 miles per second.)



IMPORT AND CANADIAN FASHIONS were highlighted recently in Summerama fashion show with Canada, Europe, Great Britain, Hawaii, California and New York represented. "Clown dots" bring a circus flavor to a playsuit ensemble. The one-piece romper suit is corded round the waist, the matching cape shaped to the shoulder.



A LINE SNAPPER—Allen Sherman, 28, of Brooklyn, N.Y., poses a record-breaking catch of blue marlin at dockside in San Juan, Puerto Rico. The weight, 756 pounds, must be confirmed by the International Game Fish Commission before it's official. Largest catch of blue marlin recorded previously was a 742-pounder, caught off Bimini in the Bahamas, in 1949.



NEW PETROCHEMICAL PLANT—Engineer's sketch showing over-all view of Platformer and Udex facilities to be built at Canadian Oil's Sarnia refinery. Part of an extensive expansion program at the refinery, these new facilities will considerably increase Canadian Oil's production of petrochemical raw materials.



ENJOYS HOME LIFE—'Rocky' Marciano, retired world's heavy-weight boxing champion, enjoys the life of being at home with his wife and daughter, Mary Ann, three, who he is seen giving a ride on a swing in the back yard of their Brockton, Mass., home.

The Sports Clinic

(An official department of the Canadian Amateur Sport and Physical Fitness Development Service)
By Lloyd Percival

Rest intervals aid learning

Practice makes perfect only when the practice is properly organized. And one of the laws of learning that should be kept in mind when the practice is properly organized is that athletes will learn more and faster if their practice sessions are broken up by frequent rest intervals.

An athlete who is bored, tired and whose muscles ache will not only fail to learn effectively what he is being taught, but he may well even resist this teaching. The coach should not judge the effectiveness of a practice session by how long and how hard the athlete worked, but rather by how he felt while he worked. If he felt fresh and interested and was not bothered by fatigue and sore muscles when he practiced his skill, he probably learned his lessons well.

Here's a suggested technique. Work the athlete "all-out", demanding full effort and concentration for 10-15 minutes. Then relax and administer such helpful measures as wiping off their faces with a cool towel, administering drinks of water, etc. Many coaches and trainers use an energy jack-up, such as one consisting of tea, orange juice and honey, at such times to boost flagging energy levels, while shotputter Parry O'Brien carries a jar of honey with him in practices to use when he begins to feel draggy.

Five minutes spent in this way every 15 minutes will mean more skill in a shorter time.

Develop a parallel swing

Stan Musial, the great St. Louis Cardinal batter, emphasizes the fact that the hitter's shoulders should be kept level during the swing. According to Musial, many batters have a bad habit of dipping their rear shoulder as they swing. This causes them to scoop at the ball. The bat is moved first down and then up at the ball, causing many pop flies or misses.

To combat this, Musial concentrates on taking his step early and moving his body weight well forward onto the front foot as he takes his swing. He makes sure he swings his bat parallel to the ground. When he's going after a low ball, he bends his knees to get down to it, rather than trying to dip his bat and scoop at it.

Musial feels that young players should practice this parallel swing until it is second nature.

The Canadian Amateur Sports

Quick Canadian Quiz

1. The names Upper and Lower Canada were changed to Ontario and Quebec in what year?
2. What proportion of Canada's known hydro-electric power resources have been developed to date—75 percent, 50 percent, 25 percent?
3. The 65-year-and-over age group represents what proportion of Canada's population?
4. Name the largest Canadian island in the Arctic Ocean.
5. In 1955 U.S. exports to Canada totalled \$3.5 billion. What was the value of Canada's exports to the U.S. in that year?

ANSWERS TO QUICK QUIZ

5. \$2.5 billion. 3. About 8 percent. 1. In 1867, at the time of Confederation. 4. Baffin Island. 2. Less than 25 percent.

(Material prepared by the editors of Quick Canadian Facts, the pocket annual of facts about Canada.)

WIGGLY WORKBENCH

A good way to prevent a work bench from wobbling is to install rubber heels on the legs. These will compensate for uneven floors or bench legs and lessen powerful vibrations.

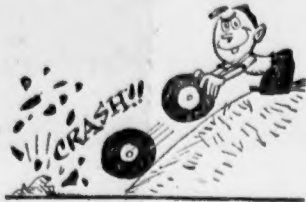
3196

Strictly Fresh

Fellow across the desk from us always buys a gelatin desert at the restaurant next door. Says it's the only dish on which he gets a fair shake.

We've discovered a secret ingredient in the powdered soap our wife uses when doing dishes. From the rate at which it disappears it must contain vanishing cream.

Dad of a teenager up the street has found a novel use for rock-



and-roll records. He rolls 'em downhill onto big rocks.

Streamlining of the auto will never attain perfection until they plug the holes in the square head behind the wheel.

Drivers who ignore traffic regulations usually have a fine day.

"And now, beamed the business school teacher, 'tell the class what you do when your employer rings for someone to take dictation.'"

"I pick up my notebook," recited bright little Miss Hastings, "sharpen my pencils and answer the buzzard promptly."

Moths hatch in four to eight days in the summer months and up to three weeks in the winter.

Ticklers

By George



"I can't understand Otis! He knows we don't allow dogs in our hangout!"

Groom to take his bride's name

A bridegroom-to-be went to court in Los Angeles recently to change his name so his fiancée won't have to change hers.

Lloyd A. Peterson, 55, a high school teacher, told Judge John J. Ford that he soon will marry Lt.-Col. Sylvia M. Evans, who until her recent retirement was one of the top-ranking officers in the United States Army Nurse Corps.

He said that she is so well known as Colonel Evans that he decided his name should be the one to be changed. Judge Ford granted Peterson's petition and he left the court as Lloyd A. Evans.

GERM CARRIER

Flies are carriers of disease germs. In late spring and early summer, they come to life and start to explore places where sewage, garbage and other filth are exposed. The germs they pick up on feet and body may be transferred to the nearest home, deposited on uncovered food, tableware or the children's faces. To keep these dangerous pests out of the house, the windows and doors should be well screened, and insecticides and repellents used to deter the insects from the furnishings or person.

4,000 Meals served each day on ocean liner

MONTREAL.—Canadian housewives who regard the daily preparation of three square meals with something less than enthusiasm might derive some solace from the fact that when the new Cunard liner Carinthia enters service next month, housekeeping aboard her will entail the serving of 4,000 meals each day.

Third built of four new 22,000-ton passenger vessels designed for the Cunard Line's Canadian service, the Carinthia sails from Liverpool June 27 on her maiden voyage to Canada. She is scheduled to arrive in Montreal July 3.

When one considers that 4,000 meals that will be served daily aboard the Carinthia, it is not surprising that cutlery, chinaware and kitchenware will be the most numerous items in the big ship's vast store of equipment.

Ranging from items such as 24-inch meat dishes to dainty finger bowls, ice tongs and wine steward's chains, cutlery and kitchenware in the Carinthia will number some 14,000 pieces. Glassware in the big liner will total 6,000 pieces while her stock of chinaware and earthenware will comprise 10,000 pieces.

:: Weekly Crossword Puzzle ::

Implement

HORIZONTAL 55 Checks

1 Depicted tool

4 It is made of —

9 Metric measures

12 Pastry

13 Young insect

14 Nocturnal flying mammal

15 Cushion

16 Overturned

17 Goddess of infatuation

18 Hypothetical force

19 Guided

21 Not (prefix)

22 Withered

24 Short jacket

26 Give forth

27 Not one

28 "Green Mountain State" (ab.)

29 Palmlike plant

30 Merindin dye

31 Ilium (symbol)

32 Pay

34 Ego

37 German river

38 Actual

39 Mystic ejaculation

40 Comforts

46 Sodium (symbol)

47 Plunge

49 Tooth

50 Mongrel

51 Age

52 Once more

53 Malt beverage

54 Fresh

VERTICAL

1 Place next

2 Crown

3 Letter of alphabet

4 Sloven

5 Bind

6 Gaelic

7 Always

8 Tardy

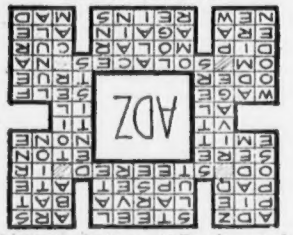
9 Striped garment

10 Allowance

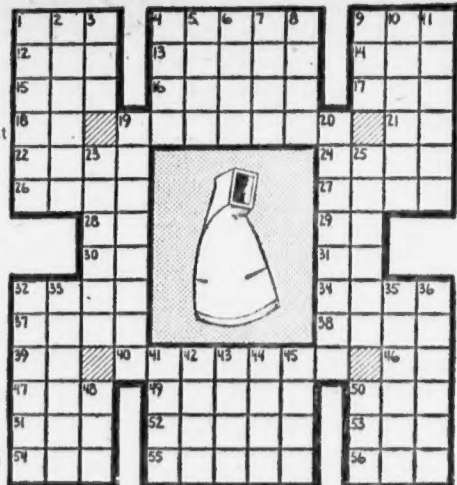
11 British novelist

19 Pioneers

Here's the Answer



- | | |
|--------------------------|----------------------|
| 20 Tooth doctors | 41 Persian poet |
| 23 Shore | 42 Theater box |
| 25 Laborer | 43 Mountains in Asia |
| 32 Its handle usually is | 44 Adam's son |
| 33 Respect | 45 Sea eagles |
| 35 Narrow crescent | 48 Animal foot |
| 36 Dreaded | 50 Eccentric wheel |



PEGGY



—By Chuck Thursday

THE TILLERS



—By Les Carroll

Rose garden an investment in living

Recent advances in rose culture, makes the family rose garden an investment in living. For families that like beautiful cut flowers in the home and on the grounds, a modern rose plant will yield more returns in cut flowers in its first year than the plant cost originally according to the American Association for Nurserymen.

Rose plants produce a conservative average of three or four dozen blooms annually—will return nine to 12 dollars in terms of retail values for the blooms alone.

On property with limited space a garden nine by 12 feet can produce sufficient blooms for cutting and still have many left in the rose garden. Spaced three feet apart, this will provide for 12 plants. Larger gardens where space permits are desirable for their great beauty.

Since new varieties are introduced each year, plan to start with three or six plants and add two or three of the best varieties annually.

Variety in color is advisable, including white, pink, yellow and red, as well as their intermediate shades, such as orange.

Most reliable new roses today are tested for growth in various parts of the country before offering them publicly. Consult with a nurseryman for those which will thrive here.

Roses will grow well in a variety of soils from sandy loam to fairly heavy clay. To start—spade up the soil well to a depth of about a foot.

A location at one side of the lawn where grass formerly grew is usually excellent. The spot may be either sunny, or shaded for part of the day but not full shade.

Select a site that is well drained. The rose plant is unusually adaptable and will thrive in many locations.

By fertilizing after the first flowering period the plants will carry some flowers all summer and then produce another bountiful crop of blooms in the fall.

TRY AND STOP ME!

By BENNETT CLEF

A glamorous blonde, ambling through the lobby of Houston Texas' finest hotel, was inclined to be hoity-toity until she encountered the town's No. 1 oil driller. Then she became charm itself, and inquired coyly, "How much did you say your name was?"

"From 7 to 8," Mrs. Vanderbrick instructed the new maid, who arrived at the Vanderbricks' to help at a big dance, "you are to stand at the ballroom entrance and call the guests' names as they arrive."

"What jolly fun that will be!" enthused the maid. "I know a couple of beauts!"

A taxicab driver in Washington had a unique experience one day. A lady signalled him to stop, then lifted four wee kiddies into the back seat. "Be with you in a minute," she promised, then disappeared into a house. She was back in about 10 minutes, calmly hustled the kids out of the cab, and asked, "What do I owe you?"

DON'T KEEP HOME FIRES BURNING

Fires in the home are, in most cases, preventable. Improper storage of such inflammable materials as matches, oily rags, cleaning fluids and coal oil may start a fire. Carelessness with lighted cigarette butts is a frequent cause of sudden flareups, which may take place after the family has retired for the night. A little common sense and care with these fire hazards would keep many houses safe from fire, and save lives. 3196



THEIR JOB: NO MORE HEROES—Every day is Memorial Day for the United States Joint Chiefs of Staff. To make America so strong defensively, so mighty in potential retaliatory power that no aggressor will dare sow the seeds of all-out war is their job in the tension-racked world of the Atomic Age. From left, in the Staff Conference Room at the Pentagon: Adm. Arleigh A. Burke, chief of naval operations; Gen. Nathan F. Twining, chief of staff, U.S.A.F.; Admiral Arthur W. Radford, chairman; Gen. Maxwell D. Taylor, chief of staff, U.S. Army; Gen. Randolph McCall Pate, commandant, Marine Corps.

Irrigated pasture experiment emphasizes importance fertilizer, spring surplus

OTTAWA.—An irrigated pasture experiment at the Lethbridge Experimental Farm, Canada Department of Agriculture, emphasizes the importance of two operations involved in spring management. One of these operations is the application of fertilizer, and the other is the handling of the spring pasture surplus.

In this experiment, four pasture mixtures are being compared under two levels of fertility. All the pastures receive 10 tons of manure per acre every other year, and in addition, half of them receive commercial fertilizer at the rate of one hundred pounds of ammonium phosphate, 11-48-0, in early spring, plus one hundred pounds of ammonium nitrate, 35.5-0-0, in July.

In 1955, the average effect of the commercial fertilizer on all four mixtures was to increase herbage production 23.1 percent between June 1 and July 9. By mid-July production of the fertilized pastures had fallen to the level of that of the unfertilized ones. The second application of fertilizer, on July 14, again increased production and held it at a higher level than that of the unfertilized pastures for the balance of the season. This treatment might not be the most economical one to use, but it does indicate the important role that fertilizers can play, and their use is now being studied more critically.

Handling of the spring pasture surplus can be very efficient under rotational grazing. In rotational grazing, animals are given access to a small area of pasture for a few days, before being moved onto fresh pasture. The grazed area can then be given any required treatment, which might include mowing, harrowing and fertilizing, then irrigated and left to recover. A minimum of four rotation fields is essential to permit good regrowth of the pasture.

In the spring, growth starts on the whole pasture at one time and usually a temporary feed surplus exists. At Lethbridge, when an attempt was made to handle the surplus by forcing sheep to eat it, a high proportion of the feed was wasted. A few weeks after grazing started, growth was rank and stemmy, and the sheep became very selective in their grazing.

The grass they refused to eat amounted to 18.3 percent of the total yield for the year on the fertilized pastures, and 20.4 percent on the unfertilized. Such a loss can be avoided by harvesting one or two of the rotation fields as hay or silage, before the first grazing in spring.

An alternative is to begin grazing when grass in the first field is four to six inches high, providing the ground is firm. Often it will be necessary to use a combination of the two systems. After a field has been grazed, any remaining rank growth of grass or weeds should be mowed.

Syd Fossum, painting and drawing teacher at the Des Moines Art Centre, and his wife entered his studio one night to pick up an item. They tripped the burglar alarm.

Self portraits solve problem

Armed guards soon found the couple in the studio. They asked the Fossums for identification, but neither had any.

Fossum quickly solved the problem. On the wall was a portrait he had painted of his wife and a self-portrait.

Fossum posed his wife beside her picture and stood himself beside his.

The guards were satisfied.



RACY HAIRDO: Usually groomed to perfection, Britain's Princess Margaret sports a wind-blown hairdo as she attends a point-to-point meet of the West Norfolk Hunt at Sorle, near Sandringham, England.

Tempo of life doesn't affect aging process

The tempo at which we live probably has no effect on how long we live, two physiologists said in Chicago recently.

They said age has little effect on the response to stress, and chronological age is practically meaningless.

The physiologists, Dr. Steven Horvath of the University of Iowa and Dr. Dwight Ingle of the University of Chicago, addressed a meeting of the American Pharmaceutical Manufacturers' Association.

Aging is not caused by endocrine failures," Dr. Ingle said. "Aging is a perfectly natural process, and the speed at which we live has no effect on the speed of aging."

Dr. Horvath said there is an "unknown factor" involved in the speed or slowness at which we age.

"A person of 80 may have the body of 40, and vice versa," he said. "Heredity and the ability to adapt to stress and strain are involved in this process."

He said how long a person lives depends on where in the body the aging takes place. He pointed out that life expectancy is more affected by degeneration of the heart than by graying hair.

Much shelterbelt planned for this year

More than three and a half million trees will be planted in belts on Manitoba farms this year, states J. E. B. Campbell, Agronomist with the Soils and Crops branch of the Manitoba Department of Agriculture.

Willow, ash, caragana, elm and Manitoba maple trees brought in from the Indian Head Nursery Station will plant 422 miles of field shelterbelt this year.

This is about 75 more miles, Mr. Campbell pointed out, than were done last year, and almost four times the number planted in the first year of the project—1954.

Mr. Campbell said that about half the trees will be planted in the Morden and Carman districts. Other areas receiving a prominent share are Melita, Morris, Pilot Mound, Carberry and Arborg.

Up to this time, Mr. Campbell said, 622 Manitoba farms have been involved in the shelterbelt program set up as a soil conservation measure to prevent wind erosion.

CLEAN HANDS

Those who serve or prepare food for the public have a responsibility for public health. Since disease germs may be passed from person to person by the hands via food and utensils, restaurant workers should keep their hands scrupulously clean by frequent and thorough washings, including fingernails which should be kept short.

Barbecue Sauces Dress Up Spring's Chickens for Your Table

BY DOROTHY MADDOX

THE barbecue season is almost here. Here are recipes for two special sauces which are delicious and different.

Broiled Barbecued Chicken (2 servings)

One and one-half to 2½-pound chicken, ½ cup melted butter. If chicken is frozen, thaw. Split chicken into 2 halves. Rinse in cold water. Dry.

Break hip, knee, and wing joints. Pour lemon sauce (see below) over chicken and allow to stand one hour. Drain.

Pull leg and wing to the body and hold in place by skewers to make a compact piece. Season with salt and pepper.

Place on broiler pan 6 to 7 inches under heat source. Broil slowly. Turn every 10 to 15 minutes and brush with melted butter. Repeat for 40 minutes or until tender.

Lemon Sauce

One clove garlic, ¼ cup salad oil, ½ cup lemon juice, 2 tablespoons grated onion, ½ teaspoon salt, ½ teaspoon pepper, ¼ teaspoon dried thyme.

Ham sauce is another special treat for serving with chicken.

Chicken with Ham Sauce (4 servings)

One chicken, 3 to 4 pounds, ready-to-cook weight; 3 tablespoons cooking oil, 1 cup diced onion, 1 cup slivered, cooked ham; 2 tablespoons flour, 8-ounce can tomato sauce, 3-ounce can sliced, broiled mushrooms, ½ cup concentrated orange juice, ½ teaspoon salt, ½ teaspoon pepper.

Cut chicken in serving-size pieces, wash and dry carefully. Heat oil in large heavy skillet or Dutch oven over moderate heat. Add chicken and brown quickly on all sides. Remove from skillet. Add onion and ham.

Cook, stirring frequently, for about 3 minutes. Blend in flour, add tomato sauce and mushrooms, orange juice, salt, pepper.

Cook, stirring constantly, until mixture thickens and boils. Re-



Springtime barbecue is a restful treat for all when tangy lemon sauce is used to marinate the bird.

turn chicken to skillet, cover and simmer gently until meat is tender, about 15 minutes, turning and basting occasionally. Serve with hot rice, spaghetti or noodles.

OUR COMPLETE SHORT STORY —

MITZI

—By LILLIACE M. MITCHELL

WHAT was the flashlight, Marna?" asked Jim Painter, his voice scarcely above a whisper. Marna moved restlessly in her seat. "Oh—I don't know. Maybe someone taking a moonlight stroll."

"Moonlight stroll," repeated Jim. "There's no moon tonight. I'm going to get going, Marna. It's rather chilly anyhow."

Marna opened her lips and then closed them again firmly. She said nothing while the car sped along the highway and into the gates of Hillcrest. Jim locked his car carefully and followed her up the broad steps.

"There's a fire in the music room, Jim," Marna said. "Let's go in there."

She flung her hat and gloves on the phonograph in the corner, fumbled an instant at the stand beside it and then dropped into the davenport standing before the leaping flames.

"You weren't a bit afraid, back there in the woods, were you?" Jim asked, his voice jerky with emotion.

"Oh," she evaded, "it was kind of eerie, seeing that light moving along, bodilessly as you might say—"

He shook his head. His tones were heavy now. "I don't know what's the matter with me, Marna. Scared of everything, that's me. But I figured that four or five fellows might sink at us out of that blackness, snatch you and be off. I might fight one or two and make a good job of it but a bunch of fellows—I guess I'm just a plain coward. But wealthy girls are kidnapped," he continued defensively.

She laughed lightly. "They can hardly kidnap a grown person. Maybe you feel that way because you're imaginative. I'm not, you see. It's no virtue of mine that I'm unafraid of things, Jimmie. I—"

Jimmie stood up. "I think I'll go to the coast Marna. They've offered me the manager's post there at the branch office. There's no use beating about the bush with you," he went on harshly, as she rose and put her hand on his arm. "You know well enough how I feel about things. But marriage is out of the question with everything topsy-turvy. If you weren't so doggedly wealthy in your own right, it might be different. But me, I'm only making three hundred a month and you couldn't live like this on three hundred. And the man ought to be the big,

Birds arriving on schedule

REGINA.—The annual arrival of birds is pretty well on schedule in Saskatchewan with about 70 species observed since the beginning of March.

Fred Lahrman, assistant at the Saskatchewan Museum of Natural History, said that of the species observed up to May 10, 16 were observed in March, 36 in April and 18 to May 10.

Bird observers were museum director Fred G. Bard, assistant director Dr. Robert W. Nero, Mr. Lahrman, and four members of the Regina Natural History Society—President Frank H. Brazier, M. Belcher, E. Fox and G. Ledingham.

Mr. Lahrman said whooping cranes, swans and geese appear to be staying in the south central part of the province longer than usual, probably because of the cool, unsettled weather conditions. Swans and geese were observed on flooded stubble fields near No. 6 highway, approximately 20 miles south of Regina, while song birds were observed on the legislative building grounds and in the Qu'Appelle Valley.

Mr. Lahrman said any bird watchers desiring to take part in field parties are requested to contact Mr. Brazier at either LA 2-1691 (office) or LA 2-3303 (home).

LOSE A MINUTE—SAVE A LIFE

strong he-man and the girl ought to be the timid... what in heaven's name is the matter? he broke off.

Her scream had suddenly pierced the air. Her slim fingers covered her lips to stop the sound but nothing covered those horror-stricken eyes. Jimmie grabbed Marna. "What is it?" he demanded.

Her eyes dropped to the floor for a moment before the lids squeezed themselves tightly shut as if to close out some sight too horrible to be named. She moaned and fell back into the davenport. Jimmie leaned over and shook her. "Marna!" he shouted. "What is it?"

For answer she nestled into his arms and then with a sudden stifening shrieked again.

"There — it's in the — c-c-c-corner," she wept, sobbing shaking her slender body.

Jimmie looked into the corner and patted her reassuringly. "There's no one in the room except you and me. Look. There's nothing there—" he broke off. "Well, I'll be darned! You don't mean that poor little mouse, do you?"

The mouse scampered across the thick Sarouk.

"Y-y-y-es. Mouse," she whispered, affrightedly.

For answer he laughed loudly, leaning closer to her scented hair, petting her gently. "A mouse won't hurt you, Honey-girl. It's probably just hunting the hole. They make a hole to come in and out. Maybe if I open the hall door it'll run out that way—"

"No, no, no!" she yelled. "Don't leave me. I'm afraid, Jimmie."

"Well, I will be—!" exclaimed Jimmie. "Here I thought all the time you were so fearless, unafraid of anything and everything and then when a little mouse crosses the room—say, Marna."

"Mm?"

"I saw a swell ring in a window today. What do you say we look at it tomorrow?"

Jimmie's car was at the gates now. The tail lights flashed through the opening and Marna turned as the door of the room opened.

"I want my quarter, Marna."

"All right, Buddy."

"And I want my Mitzi, too. You've had her five days now—"

"I'm paying you a nickel a day to rent her," said Marna. "What are you yelling about?"

The boy reached for Marna's half-closed hand. "You went and blackened my white mouse, you did! Look at her fur! Look at it!"

"Stop that yelling," she ordered. "I just put on a little mascara to darken her. It'll wash off."

"You'll pay me a dime extra for that or I'll tell Jim, I will," he threatened.

"Oh, all right," she laughed.

"You chiseler! You only paid forty cents for Mitzi at the start. I'll buy her from you—" she stroked the mouse and held it up near her eyes. "Nice little Mitzi," she murmured.

But with a wild grab, Marna's brother snatched his property. "Thirty-five cents—now!" he insisted.

And Marna, mounting the wide stairs to her room a few moments later, paused to look at her fourth finger which tomorrow would have a ring on it. Then she laughed softly.

3196

Just Before the Battle, Mother



Service -- with a smile

(By BESSIE M. BARKER, C.N.I.B.)

Cheery words of welcome and a warm hand-clasp with a smile implicit in both... constitute the greeting to pupils of Miss Lucille Savoie in her sunny classroom at the Canadian National Institute for the Blind Service Centre and Residence at 2550 Broad Street, Regina, or in their own homes... for the pupils are the adult blind, and Miss Savoie is the Home Teacher for the C.N.I.B. in Southern Saskatchewan.

Miss Savoie, a native of Norwood, Manitoba, was just stepping over the threshold of a teaching career when eye trouble struck unexpectedly, reducing her vision to less than seven percent of normal, and precluding continuance in her chosen field.

Shortly afterward Miss Savoie, seeking to orient herself in a new and unfamiliar world, came to Regina, to visit her aunt, Sister Bohemier, at the Grey Nuns' Hospital. While there she found employment within the limits of her remaining sight, and carried out her duties with courage and good cheer. Few if any of the hundreds who daily rode up and down on one of the main elevators realized the frustrated dreams and hopes that rode with them, with their smiling elevator operator.

But news travels... and phones ring... and there came a day when Lucille stepped off the elevator at the close of her shift to begin new studies, in Braille, with a Home Teacher from the C.N.I.B. New hope was born, and three months later she asked if she herself could be accepted as a candidate for training in the same field. A period followed of experimental "training on the job," receiving invaluable benefit from working under the guidance of Miss Margaret W. Liggett, veteran of more than 30 years of experience in teaching the blind. This was fol-

FROM A SMALL WOUND

Tetanus, more commonly called lockjaw, is a disease that can cause intense agony and often death. It is caused by the entry of the tetanus germ into a wound, often quite a small lesion. Tetanus germs are most common in ground where farm animals have grazed. It is possible to protect children against this disease by immunization, which is usually given at the same time as inoculations against whooping cough and diphtheria.

lowed by the complete training course in Home Teaching, in the National Office of the Institute in Toronto.

Busy months followed, with classes in Braille and Moon embossed type, typewriting, knitting, crocheting and other forms of handicraft, methods of mastering household tasks in the darkness; lectures in psychology, public relations, hair-dressing, dancing; these were some of the subjects covered, the need for them based on years of research into the needs of the blind and how best to meet them.

At the end of her course Miss Savoie returned to Regina, herself to open the door which had months before been opened for her. The variety of the subjects in which she gives instruction are as varied as the people she instructs, from teaching Braille and typewriting, as well as other subjects, to a teen-aged overtaken by blindness midway in his Grade X year, to leathercraft to a 93-year-old great-grandmother; from helping "cast on", and straightening tangles in knitting to the dialling of numbers on the telephone... all included in the great task to which she has set her hand, that of "teaching people to be blind and still live full and happy lives."

Bathroom scale not accurate weight gauge

The bathroom scale could be on its way out as an accurate measurement of whether or not you're overweight.

That's because it isn't how much weight you carry around, but how much of that weight is "subcutaneous fat", says an Antioch College professor. Dr. Stanley M. Garn has been studying 100 Antioch students under a U.S. Air Force grant.

He measures body fat with his own X-ray method. His studies have produced interesting sidelights, including the fact that several professional football players were rejected for World War II Army service because they were "overweight", when it was actually lean and not fatty tissue that added the pounds.

No other body tissue varies to such an extent as fatty tissue, he says.

BE A COURTEOUS DRIVER

WEEKLY BIBLE COMMENT

TRUE CHRISTIAN IS MORE THAN A CHURCHGOER

Paul was brought up as Pharisee in the strict letter of the law. The Pharisees were the party of strict observance. We must not imagine that Jesus thought ill of them or criticized them lightly.

It was precisely because the Pharisees were so devout and earnest that Jesus used them often for illustration, to show that a man might observe all the outward proprieties of religion and yet lack its inward reality and grace.

If we substitute "church member" for "Pharisee" we might obtain clearer insight into what Jesus meant. Mere membership in a church does not make any man what he ought to be. Some who have been punctilious in all outward observances have often been lacking in the elemental Christian virtues.

If we think of a man going up to the throne of God and claiming salvation because of what he was or what he had done, we can then, by contrast, understand what is meant by salvation by faith, which comes to us through the grace of God.

Would a man not wiser be to go to God pleading his sins and shortcomings in penitence and humbleness, trusting in the love and grace of God?

This is faith, and it is the ultimate ground of a man's salvation after he has done all in his power to make his conduct in harmony with his profession.

GEMS OF THOUGHT

BENEFITS

Benefits are only acceptable as far as they can be required; beyond that point, instead of gratitude they excite hatred.—Tacitus.

The ethics which guide thought spiritually must benefit every one.

—Mary Baker Eddy.

He who receives a benefit with gratitude, repays the first instalment on his debt.

—Seneca.

One family builds a wall, and two families get the benefit.

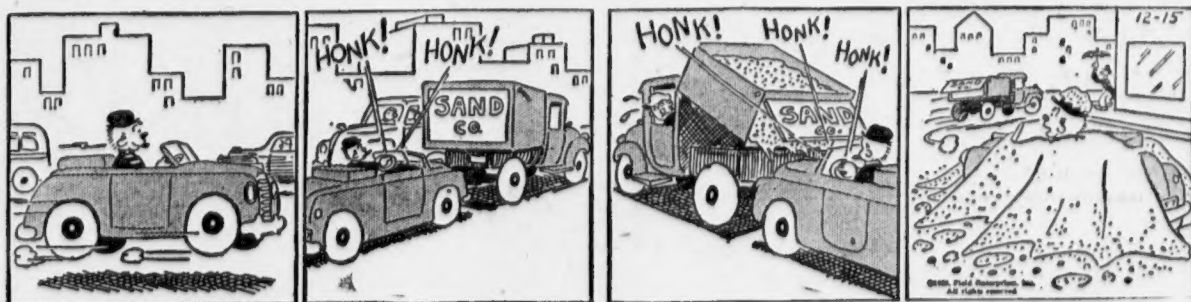
—William Scarborough.

The man is dishonest who knows how to accept a favor but does not know how to return it.

—Plautus.



BOZO



By Foxo Reardon

**D.A.'S
CORNER**

BY S. W.

PETTEM, D.A.
DRUMHELLER**FARM & HOME
IMPROVEMENT**

Last call for entries in the Farm and Home Improvement Programme. Entries for this event, sponsored by the Drumheller Agricultural Society, are to be in the hands of the Secretary, Mr. T. Kempling, by June 30th. If you haven't an application form, you may secure one from either of the Field Supervisors, Mr. Ruby or Mr. Robertson, from Mr. Kemppling or from this office.

My personal thanks to all who helped to make the 1956

**TRADES TRAINING
OPPORTUNITIES
FOR YOUNG MEN
OF SIXTEEN**

Do you want to earn while you learn a trade? Under the Canadian Army Soldier Apprentice Plan, starting 1st June, the Canadian Army will accept a limited number of young men for training in 19 different trades. The training course lasts for two years and then the Apprentice serves three years with a regular unit. Training starts in September. Under this plan the Apprentice receives —

- Half pay to the age of 17 then full pay
 - 30 days paid holidays a year
 - Medical and dental care
 - Travel and adventure
 - A healthy active outdoor life
- To be eligible applicants must be 16, not yet 17, have a Grade 8 education, and be able to meet Army physical standards. As only a limited number of applicants can be accepted make your application early. Mail the coupon below, telephone or visit your nearest recruiting station.

No. 10 Personnel Depot, Currie Barracks,
Calgary, Alta. — Tel. 42171 Loc. 71
Army Recruiting Station, 10042 - 101st Street,
Edmonton, Alta. — Tel. 43288

The Army Recruiting Station in your home town

CBBW-AYV

Please send me without cost or obligation the booklet "The Way to a Fine Future".

Name _____

Address _____

City/Town _____

Prov. _____

Telephone _____

Calf Show and Sale a success. The committee members did an excellent job this year and are to be congratulated. Local buyers did much to encourage the 4-H members in their project.

**ATTENTION CALF CLUB
MEMBERS**

Now is the time to select your calf for next year. An effort will be made to have all clubs reorganized early this fall and an early cut-off date will be announced, after which no member will be allowed to join the Club.

**CEREAL VARIETIES
TEST PLOTS**

Each Grain Club in the district has taken on as a project this year, a Cereal Variety Test Plot. These plots have been located along main roads and the public are invited to stop and examine these plots for varietal differences.

MASTER FARM FAMILY

The Provincial Department of Agriculture is once again sponsoring the Master Farm Family programme. I will receive entries for this event for another two weeks. For details contact this office.

Tips on Touring

By Carol Lane

Women's Travel Authority



When a tire blows out, stay calm! Many drivers become panicky, jam on the brakes, and then completely lose their heads when the car skids and careens over the road. And often this means a crackup...into a tree, or worse yet, a passing car.

Here's what happens when a tire blows. If it's a front tire, the car swerves in the direction of that tire. If it's a rear tire, the back end sways from side to side.

Here's what to do. Get a firm, but not frozen grip on the steering wheel and try to steer straight ahead. With your foot off the accelerator the car will slow

down quite rapidly if you leave it in gear, letting the engine itself act as a brake. Do not touch the brake pedal until you are in absolute and complete control. Then use the brakes gently and slowly.

With warm weather upon us, it's a strong temptation to step on it and whip up a breeze along the highway. But excessive speeding encourages blow-outs, especially since tire temperatures can mount to over 200 degrees on hot pavements! The difference between a blow-out and a crack-up is a cool

**QUESTION OF IDENTITY**

Confusion often arises between the three main groups of workers in the field of eye care. The medical eye doctor or eye specialist may be called an oculist or ophthalmologist. The optometrist is a non-medical graduate of a college of optometry, who is licensed to test vision and to prescribe and fit eye glasses. He may also treat optical muscle defects without the use of drugs or surgery. The optician is trained to grind lenses to prescription and to fit and supply glasses.

MINERAL ELEMENTS

Calcium and phosphorus are two important mineral elements

in the makeup of the human body. It is necessary to supply them in liberal amounts in the diet. Milk and cheese are the best sources of calcium; protein rich foods such as fish, milk, lean meat, egg yolk and whole-grain cereals are good sources of phosphorus.

Contribution to the 1956 campaign?

DANGEROUS FEAR

Fear that some symptom may indicate cancer often keeps a person from consulting a doctor. While they must realize that this disease is curable in its early stages in the majority of cases, people still dread the doctor's corroboration of their fear. The fear grows and the person broods over his dread until he may actually make himself ill, yet, were he to consult his doctor, the verdict might be a complete reassurance. Often, quite simple ailments show almost similar symptoms to those of the serious diseases.

A FAMILY OF PAIN

Arthritis is not one single disease but a group of the rheumatic diseases characterized by

inflammation of the joints. More than 200 varieties have been classified, including sciatica, neuritis, lumbago and muscular rheumatism, as well as the arthritic conditions. Each case requires individual expert diagnosis and modern medical treat-

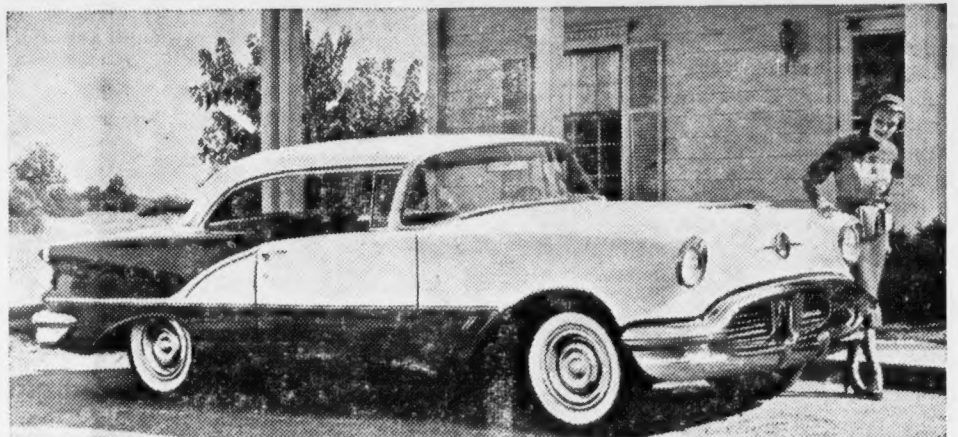
This
is worth reading
and it takes only
5 SECONDS
BY SHIPPING YOUR
CREAM
TO
Burns in Calgary
you'll
do better

If it's grain... Ask us!

PARRISH & HEIMBECKER LTD.

Grain Receivers, Shippers and Exporters
An old established firm with a reputation for doing business right.

Head office — Grain Exchange Bldg., Winnipeg
BRANCHES: CALGARY — TORONTO — MONTREAL



Entirely new front end styling, new color treatment and many power improvements are featured in the budget-priced 1956 Oldsmobile "88" Holiday coupe. The attractive airfoil grille has horizontal louvers recessed in the oval bumper opening and the Oldsmobile name is spelled out in chrome block letters on the left side. New rectangular parking lights are incorporated in the outer end of the lower bumper bar. Flair-away fenders, projectile-type taillights, hood contour and front and rear ornaments are new. More than 150 color combinations are offered. The interior features many new fabrics and colors and a redesigned instrument panel, combining beauty with improved visibility. Under the hood is a more powerful 230-h.p. "Rocket" engine with many mechanical improvements that enhance performance and economy.

KNOW CANADA BETTER...

**TRAVEL EAST the Great Lakes
WAY**

An exciting two-day cruise on the World's Greatest Inland Waterway makes a pleasant interlude in your train trip to or from Eastern Canada. You get all the thrills of an ocean voyage... gay shipboard atmosphere... lazy days on the sun-wet deck.

Summer sailings from Fort William, Tuesdays and Saturdays — from Port McNicoll, Wednesdays and Saturdays.

For further information and reservations, consult your Canadian Pacific Agent. (He also sells Steamship and Air Lines tickets to all parts of the world.)

Canadian Pacific
THE ONLY SCENIC DOVE ROUTE IN CANADA

Better weed control
WITH 2,4-D!

Stop growing weeds! Use a proven brand of weed-killing 2,4-D supplied by Alberta Pacific Grain Co. Ltd.

See your ALBERTA PACIFIC AGENT for full particulars.

ALBERTA PACIFIC
GRAIN COMPANY (1943) LTD.
SERVING ALBERTA PRODUCERS WITH OVER 500 COUNTRY ELEVATORS

For Real Comfort

STAY AT
HOTEL ROYAL
CALGARY

Convenience and Comfort
at Reasonable Rates

